



# Video Visits

a picture is worth a thousand words

**The next time you schedule an appointment at Kaiser Permanente, you may be offered a video visit with your doctor.**

- Convenient access from your home or office
- Secure and easy way to visit your doctor
- Saves travel time and expense

All you need is a computer with a high-speed internet connection and a webcam or a smartphone mobile device ( iOS iPhone or iPad or Android mobile device) using the latest version of the KP Preventive Care App.

Visit [kp.org/mydoctor/videovisits](http://kp.org/mydoctor/videovisits) for more information.