

## 2018 Preventive medications and your plan



### **Managing your health with preventive medications**

Your pharmacy benefit plan includes special coverage for preventive medications. These drugs help protect against or manage a medical condition, such as:

- Preventing blood clots and reducing the risk of a stroke
- Preventing heart disease and reducing high blood pressure
- Preventing osteoporosis  
(a disease that leads to an increased risk of bone fracture)

Your health is important. Taking preventive medications as directed by your health care provider can help you avoid serious illness and high health care costs.

## **Special coverage for preventive medications**

Drugs on your plan's list of preventive medications are not subject to a deductible. You'll pay your copayment/coinsurance or nothing at all, depending on your plan. So you can save money and get the medications you need to help you live a healthier life.

Preventive medications are a subset of products included within your plan's formulary, or list of prescription drugs, which tells you what medications your plan covers.

Please note that most medications on the Formulary are subject to a deductible. Preventive medications are an exception. To check the cost of any medication, refer to your benefit handbook or contact customer service at the toll-free member phone number on your benefit plan ID card.

## **Potential savings with generic medications**

To get the most from your benefits, ask your doctor if a generic medication is right for you. Generics normally cost less than brand medications, and the Food and Drug Administration (FDA) requires them to be just as safe and effective.

## **Quality drives our decisions**

Our committee of independent doctors and pharmacists meets regularly to review medications and consider how they should be covered by your pharmacy benefit plan. They also recommend which medications should be on your plan's list of preventive medications.

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A list of covered preventive medications begins on the next page. Medications are listed by therapeutic category. To help you tell generic and brand drugs apart, all generics start with a lowercase letter. For questions on injectable dose forms of preventive medications administered by your healthcare provider, please call the number on the back of your membership card for more information.

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## 2018 Preventive medication list

### Expanded listing by therapeutic category

#### ANTIPSYCHOTICS

Abilify  
Adasuve  
aripiprazole  
Aristada  
chlorpromazine  
clozapine  
Clozaril  
Equetro  
Fanapt  
Fazaclio  
fluphenazine  
Geodon  
haloperidol  
Invega  
Latuda  
loxapine  
molindone  
Nuplazid  
olanzapine  
olanzapine / fluoxetine  
paliperidone ER  
perphenazine  
prochlorperazine  
quetiapine  
Rexulti  
Risperdal  
risperidone  
Saphris  
Seroquel  
Seroquel XR  
Symbyax  
thioridazine  
thiothixene  
trifluoperazine  
Vraylar  
Versacloz  
ziprasidone  
Zyprexa

#### ASTHMA AND COPD

Accolate  
Advair Diskus  
Advair HFA  
Aerospan  
albuterol neb/syp/tab  
albuterol ER  
Anoro Ellipta  
Arcapta  
Armonair  
Arnuity ELPT  
Atrovent HFA  
Bevespi  
Breo Ellipta  
Brovana  
budesonide suspension  
Combivent Respimat cromolyn  
nebulizer solution Daliresp  
Elixophyllin  
Flovent Diskus  
Flovent HFA  
Fluticasone INH Salmeter  
Foradil  
Incruse ELPT  
ipratropium inhalation solution  
ipratropium / albuterol  
isoproterenol  
levalbuterol neb  
metaproterenol  
montelukast  
Perforomist Neb

Proair HFA  
Proair Respiclick  
Pulmicort Flexhaler  
Seebri Neohaler  
Serevent Diskus  
Spiriva  
Stiolto Respimat  
Striverdi Respimat  
Symbicort  
terbutaline  
Theo-24 CR / ER  
theochron CR  
theophylline  
theophylline CR / ER  
T Utibron Neohaler  
Ventolin HFA  
Vospire ER  
Xopenex Solution  
zafirlukast  
Zyflo  
Zyflo CR

#### CANCER

anastrozole  
Arimidex  
Aromasin <sup>SP</sup>  
Evista  
exemestane <sup>SP</sup>  
Fareston  
Femara <sup>SP</sup>  
letrozole <sup>SP</sup>  
raloxifene  
Soltamox  
tamoxifen

<sup>SP</sup> Oral and self-injectable Specialty medications may be subject to limitations based on plan benefit design

\* Products excluded from the Premium Prescription Drug List

\* Where differences are noted between this Formulary and your benefit plan documents, the benefit plan documents will rule.

## CARDIOVASCULAR/ HEART DISEASE

### Anti-Anginal Agents

Dilatrate SR  
Gonitro  
Isordil  
isosorb dinitrate  
isosorbide dinitrate ER  
isosorbide mononitrate  
isosorbide mononitrate ER  
minitran  
Nitro-Bid  
Nitro-Dur  
nitroglycerin  
Nitrolingual SPR  
Nitromist  
nitro-time  
petn  
Ranexa

### Anticoagulants

Aggrenox  
Arixtra <sup>SP</sup>  
ASA/dipyrida  
ASA/Dipyridamole  
Brilinta  
cilostazol  
clopidogrel  
Coumadin  
dipyridamole  
Durlaza  
Effient  
Eliquis  
enoxaparin <sup>SP</sup>  
fondaparinux <sup>SP</sup>  
Fragmin <sup>SP</sup>  
heparin  
jantoven  
Lovenox <sup>SP</sup>  
Persantine  
Plavix  
Pletal

Pradaxa  
prasugrel  
Savaysa  
ticlopidine  
warfarin  
Xarelto  
Yosprala  
Zontivity

### Cardiac Glycosides

digitek  
digox  
digoxin  
Lanoxin

### High Blood Pressure

Accupril  
Accuretic  
acebutolol  
Aceon  
Adalat CC  
afeditab CR  
Aldactazide  
Aldactone  
Altace  
amiloride  
amiloride / hctz  
amlodipine  
amlodipine / atorvastatin  
amlodipine / benazepril  
amlodipine / olmesartan  
amlodipine / valsartan  
Atacand  
Atacand hct  
atenol / chlorthalidone  
atenolol  
Avalide  
Avapro  
  
benazepril  
benazepril / hctz  
Betapace

Betapace AF  
betaxolol  
Bidil  
bisoprolol  
bisoprolol / hctz  
bumetanide  
Bumex  
Bystolic  
Byvalson  
Caduet  
Calan  
Calan SR  
candesartan  
candesartan / hctz  
captopril  
captopril / hctz  
Cardizem  
Cardizem CD  
Cardizem LA  
Cardura  
cartia XT  
carvedilol  
Catapres  
Catapres TTS  
chlorothiazide  
chlorthalidone  
clonidine  
Clorpres  
Coreg  
Coreg CR  
Corgard  
Corzide  
Cozaar  
Demadex  
Demser  
Dibenzylidine  
dilt-XR  
diltiazem  
diltiazem CD  
diltiazem ER  
Diuril  
doxazosin  
Dutoprol

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Dyazide  
Dyrenium  
Edarbi  
Edarbyclor  
Edecrin  
enalapril  
enalapril / hctz  
Epaned  
eplerenone  
eprosartan  
ethacrynic acid  
Exforge  
Exforge HCT  
ezide  
felodipine ER  
fosinopril  
fosinopril / hctz  
furosemide  
guanfacine  
Hemangeol  
hydralazine  
hydrochlorothiazide  
Hyzaar  
indapamide  
Inderal LA  
Inderal XL  
Innopran XL  
Inspra  
irbesartan  
irbesartan / hctz  
isradipine  
labetalol  
Lasix  
lisinopril  
lisinopril / hctz  
Lopressor  
Lopressor HCT  
losartan  
losartan / hctz  
Lotensin  
Lotensin HCT  
Lotrel  
matzim LA  
Mavik  
Maxzide

Maxzide-25  
methylothiazide  
methyldopa  
methyldopa / hctz  
metolazone  
Metopro/HCTZ  
metoprolol  
metoprolol ER  
metoprolol / hctz  
Micardis  
Micardis HCT  
Microzide  
Minipress  
minoxidil  
moexipril  
moexipril / hctz  
nadolol  
nadolol / bendroflumethiazide  
nicardipine  
nifedical XL  
nifedipine  
nifedipine ER  
nimodipine  
nisoldipine  
nisoldipine ER  
Nymalize  
olmesartan  
olmesartan/amlo/hctz  
olmesartan/hctz  
perindopril  
phenoxybenzamine  
pindolol  
prazosin hcl  
Prestalia  
Prinivil  
Procardia  
Procardia XL  
propranolol  
propranolol ER  
propranolol / hctz  
Qbrelis  
quinapril  
quinapril / hctz  
ramipril

reserpine  
Sectral  
sotalol  
sotalol AF  
Sotylize  
spironolactone  
spironolactone / hctz  
Sular  
Tarka  
taztia XT  
Tekamlo  
Tekturna  
Tekturna HCT  
telmisartan  
telmisartan / amlodipine  
telmisartan / hctz  
Tenex  
Tenoretic  
Tenormin  
terazosin  
Tiazac  
timolol (tablet)  
torsemide  
trandolapril  
trandolapril / verapamil  
triamterene / hctz  
Twynsta  
valsartan  
valsartan / hctz  
Vaseretic  
Vasotec  
Vecamyl  
verapamil  
verapamil ER / SR  
Verelan  
Verelan PM  
Zebeta  
Zestoretic  
Zestril  
Ziac

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## High cholesterol

Altoprev  
 Antara  
 atorvastatin  
 cholestyramine  
 cholestyramine lite  
 Colestid  
 colestipol  
 ezetimibe ezetim/  
 simva fenofibrate  
 fenofibric  
 fenofibric DR  
 Fenoglide  
 Fibracor  
 fluvastatin  
 gemfibrozil  
 Juxtapid <sup>SP</sup>  
 Kynamro <sup>SP</sup>  
 Lescol  
 Lescol XL  
 Lipofen  
 Livalo  
 Lofibra  
 Lopid  
 lovastatin  
 Mevacor  
 niacin ER (Rx)  
 niacor  
 Niaspan ER  
 omega-3-acid (Rx)  
 Praluent <sup>SP</sup>  
 Pravachol  
 pravastatin  
 prevalite  
 Questran  
 Questran Lite  
 Repatha <sup>SP</sup>  
 rosuvastatin  
 simvastatin

Tricor  
 Triglide  
 Trilipix  
 Vascepa  
 Welchol  
 Zocor

## CONTRACEPTIVES †

Contraceptive patch  
 Contraceptive ring (Nuvaring)  
 Emergency Contraceptives  
 Implant contraceptive  
 Injectable contraceptive  
 IUDs  
 Oral contraceptives

## DIABETES

### Insulin

Afrezza  
 Humalog  
 Humalog KwikPen  
 Humalog Mix  
 Humulin  
 Lantus  
 Lantus Solostar  
 Toujeo

### Non-insulin

acarbose  
 Actoplus Met  
 Actoplus Met XR  
 Actos

Amaryl  
 Bydureon  
 Byetta  
 chlorpropamide  
 Cycloset  
 Diabeta  
 Duetact  
 Fortamet  
 glimepiride  
 glipizide  
 glipizide / metformin  
 glipizide ER  
 glipizide XL  
 Glucophage  
 Glucophage XR  
 Glucotrol  
 Glucotrol XL  
 Glucovance  
 glyburide  
 glyburide / metformin  
 glyburide micronized  
 Glynase  
 Glyset  
 Glyxambi  
 Invokamet  
 Invokamet XR Invokana  
 Janumet  
 Janumet XR  
 Januvia  
 Jardiance  
 Jentadueto Jentadueto  
 metformin  
 metformin ER  
 miglitol  
 nateglinide

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pioglitazone  
pioglitazone / glimepride  
pioglitazone / metformin  
Prandin  
Precose  
repaglinide  
Riomet  
Soliqua  
Starlix  
Symlin  
Synjardy  
Synjardy XR  
tolazamide  
tolbutamide  
Tradjenta  
Trulicity  
Victoza  
Xultophy

## ESTROGENS

Activella  
Alora  
amabelz  
Angeliq  
Climara  
Climara Pro  
Combipatch  
covaryx  
covaryx HS  
Divigel  
Duavee  
eemt  
eemt HS  
Elestrin  
Enjuvia  
est estrogen mtest  
est estrogen mtest HS  
estra/noreth  
Estrace (oral tab)  
estradiol val

estradiol (oral tabs, patch)  
estrogen/mtest  
estropipate  
Evamist  
Femhrt  
fyavolv  
jevantage  
jinteli  
lopreeza  
Menest  
Menostar  
mimvey  
mimvey lo  
Minivelle  
noreth/ethin  
Prefest  
Premphase  
Premarin (oral tab)  
Prempo

## GASTROINTESTINAL-ULCER DRUGS<sup>‡</sup>

Axid  
cimetidine  
Cytotec  
Dexilant  
esomeprazole  
Esomeprazole  
24.65mg and 49.3mg  
famotidine  
lanso/amox/clarith  
lansoprazole misoprostol  
nizatidine  
Omeclamox  
omeppi  
omepra/bicar omeprazole  
pantoprazole  
Pepcid

PrevPac  
Prilosec  
Protonix  
Pylera  
ranitidine  
sucralfate  
Zantac  
Zegerid

## HIV/AIDS

abaca/lamivu <sup>SP</sup>  
abacavir <sup>SP</sup>  
abacavir / lamivudine /  
zidovudine <sup>SP</sup>  
Aptivus <sup>SP</sup>  
Atripla <sup>SP</sup>  
Combivir <sup>SP</sup>  
Complera <sup>SP</sup>  
Crixivan <sup>SP</sup>  
Descovy <sup>SP</sup>  
didanosine <sup>SP</sup>  
Edurant <sup>SP</sup>  
Emtriva <sup>SP</sup>  
Epivir <sup>SP</sup>  
Epzicom <sup>SP</sup>  
Evotaz <sup>SP</sup>  
Fuzeon <sup>SP</sup>  
Genvoya <sup>SP</sup>  
Intelence <sup>SP</sup>  
Invirase <sup>SP</sup>  
Isentress <sup>SP</sup>  
Kaletra <sup>SP</sup>  
lamivudine <sup>SP</sup>  
lamivudine / zidovudine <sup>SP</sup>  
Lexiva <sup>SP</sup>  
lopin/riton sol <sup>SP</sup>  
nevirapine <sup>SP</sup>  
nevirapine ER <sup>SP</sup>  
Norvir <sup>SP</sup>  
Odefsey <sup>SP</sup>  
Prezcobix <sup>SP</sup>  
Prezista <sup>SP</sup>  
Rescriptor <sup>SP</sup>

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Retrovir <sup>SP</sup>  
 Reyataz <sup>SP</sup>  
 Selzentry <sup>SP</sup>  
 stavudine <sup>SP</sup>  
 Stribild <sup>SP</sup>  
 Sustiva <sup>SP</sup>  
 Tivicay <sup>SP</sup>  
 Triumeq <sup>SP</sup>  
 Trizivir <sup>SP</sup>  
 Truvada <sup>SP</sup>  
 Tybost <sup>SP</sup>  
 Videx <sup>SP</sup>  
 Videx EC <sup>SP</sup>  
 Viracept <sup>SP</sup>  
 Viramune <sup>SP</sup>  
 Viramune XR <sup>SP</sup>  
 Viread <sup>SP</sup>  
 Vitekta <sup>SP</sup>  
 Zerit <sup>SP</sup>  
 Ziagen <sup>SP</sup>  
 zidovudine <sup>SP</sup>

### OSTEOPOROSIS

Actonel  
 alendronate  
 Atelvia  
 Binosto  
 Boniva  
 calcitonin spray  
 etidronate  
 Evista

Forteo <sup>SP</sup>  
 Fosamax  
 Fosamax + D  
 ibandronate  
 Miacalcin Spray  
 raloxifene  
 risedronate

### SMOKING DETERRENTS †

buproban  
 bupropion  
 Chantix  
 Nicoderm CQ  
 Nicorette  
 nicotine gum/lozenge/patch  
 Nicotrol Inh / NS  
 Zyban

### TRANSPLANT

Astagraf XL <sup>SP</sup>  
 Azasan  
 azathioprine  
 Cellcept <sup>SP</sup>  
 cyclosporine <sup>SP</sup>  
 cyclosporine modified <sup>SP</sup>  
 Envarsus XR <sup>SP</sup>  
 gengraf <sup>SP</sup>  
 Imuran  
 mycophenolate <sup>SP</sup>  
 mycophenolic DR <sup>SP</sup>

Myfortic <sup>SP</sup>  
 Neoral <sup>SP</sup>  
 Prograf <sup>SP</sup>  
 Rapamune <sup>SP</sup>  
 Sandimmune <sup>SP</sup>  
 sirolimus <sup>SP</sup>  
 tacrolimus cap <sup>SP</sup>  
 Zortress <sup>SP</sup>

### VITAMINS & ELECTROLYTES

#### Pediatric vitamins with fluoride

(for example; Poly-Vi-Flor,  
 Tri-Vi-Flor)  
 Generic Products  
 Brand Name Products

#### Prenatal multivitamins with iron and folic acid

(for example; OB Complete,  
 prenatalabs FA)  
 Generic Products  
 Brand Name Products

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This list is intended as a reference and may not be all-inclusive.  
 Brand or generic availability may not be current due to changes in the market.  
 Use of generics may be required depending upon plan design.



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